

**CICLO  
DE CONFERÊNCIAS 2013  
CENTRO INVESTIGAÇÃO**  
ISPA - INSTITUTO UNIVERSITÁRIO

**EXTRAORDINÁRIA**

# PSYCHOTHERAPY RESEARCH: SUMMARISING THE EVIDENCE AND RECENT DEVELOPMENTS

This paper will review the current evidence on the outcomes of psychotherapy, looking at overall effects, and the factors that are associated with better or poorer outcomes. This includes orientation factors, therapist factors, relational factors and client factors. The paper will then go on to consider some key current developments in the psychotherapy research field, in particular the move towards the use of systematic feedback and from evidence-based practice to 'evidence-tailored' practice.



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**24 MAIO 2013**

12H30

**SALA DE ATOS**

**ENTRADA LIVRE**

**ISPA** <sup>50 ANOS</sup>  **CI** CENTRO DE INVESTIGAÇÃO


Em parceria com a  
**SPPE - Sociedade  
Portuguesa  
de Psicoterapia  
Existencial**



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